Abstract

This research was done about security martial art, especially based on Hapkido, and the researcher tried to academically access to the application of Hapkido by interviewing three experts in martial art for qualitative research. Also, the researcher reviewed thesis related to security martial art, or oriental martial art, and martial art based on Korean traditional idea by preceding research to make the direction of the research access to the topic. Guard is the last method handling various dangers nearest to the subject. To ensure the subject’s security from a person inflicting injury, guard should be done based on trained body of the bodyguard, so training security martial art is essential. Therefore, this research is going to suggest the way to applying Hapkido to security martial art.

First, unlike other martial arts, Hapkido has various motions, and the motions are easily accessible in accidental situation. Motions such as folding wrist, holding, punching, entraining with weapon, and arresting technique were researched specifically.

Second, academic study on Hapkido is short, so Hapkido’s integrated samples and teaching materials should be established. Therefore it should be verified as a security martial art by Hapkido martial art.

Third, every martial art has its different characteristic of skill suppressing the opponent, and not any particular martial art can be chosen as the best one in suppressing. With general Hapkido, the way to studying the value and applying of Hapkido as a security martial art should be suggested as a basis of other martial arts, so that the independent educational system for security martial art can be established.

Fourth, in accidental case of security, it is thought that the objective and valid access is needed by using practical martial motion as a measurement through applying security martial art. And lastly, although the overall educational establishment of security martial art hasn’t done yet, by political support and systematic study, leaders of security martial art should be trained, and security martial art should be educated independently, so that the education which can handle the actual emergency while doing guard work can be taught. This thesis is meaningful for it has sought the way to making Hapkido among various martial art be foundation of security martial art.

[Keywords] Hapkido, Security Martial Art, Skill, Rolling, Hypogastric Breathing

1. Introduction

Modern Hapkido can be divided into Korean Hapkido and Japanese Aikido, according to its form of training or the process of development. Although it has been less than a decade since the division started in the Oriental cultural area of Chinese character, especially in Korea, the movement of diving it has started long time ago in Western martial people’s view[1]. Some people argue that Korean Hapkido is rooted on Korean ancient martial art, and others argue that martial books of Hapkido, among other modern martial books, has worst jump of logic, and they introduce that their martial art is a special one that has
been secretly passed from long ago[2]. This kind of blind mystification has been criticized pointed out for its problem in depicting the history of Korean Hapkido[2]. The origin of Korean modern Hapkido is Daito-ryu Jujutsu, introduced by Choi Youngsool and Jang Inmok who are in the center of dispute[3].

Commonly, those are rooted in Daito-ryu Jujutsu. Given it, Hapkito cannot be explained without Jujutsu, and it implies that Hapkido is a modern martial art that has been developed with its historical origin on Jujutsu[4].

The Oriental martial art emphasizes softness, unlike other martial arts emphasize power, and it uses the power in softness as necessary. Therefore, suppressing the opponent not with blow like in boxing, but with making him lose his balance is similar to Jujutsu, the soft martial art. Korean wrestling and Japanese Sumo are the examples of Jujutsu[3].

2. Body

Hapkido focuses on defense rather than attacking, using its principle of roundness, softness and harmony. Roundness means the defender identifies the center and induces the opponent’s power into round and then take reverse strike, and means not taking the opponent’s attack directly, but letting it just flow to the way the force applied [5].

There are various defense skills striking back the attack, and those are folding, shoulder throw, holding down, throw, striking, stabbing, kicking, and so on[6]. The word security martial art reflects a wide range of its contents historically[4].

Starting from forming of tribe, protecting the head of the tribe, continuing on forming kingdom, guarding the king, to forming of nation, protecting the president, technical characteristics, and religious and ideological idea has been concerned differently by each generation and person. The tradition is on understanding the security martial art as a culture with strong mentality or challenging characteristic[7].

In security martial art, the guard should fulfill his duty to ensure the subject’s security based on highly trained body of professional guard, and the method is security martial art[8]. General martial art has its purpose on protecting oneself and self-discipline, but security martial art is efficient and systematic overall martial art using whole body parts[9]. Current security martial art is trained with various forms such as Hapkido, Taekwondo, Judo, Yongmoodo, and Kendo, and Hapkido, as one form of security martial art, receives attention as the most effective one to minimize attacker’s offense. This is because Hapkido has various skills such as hand skills(throwing, folding with hand), foot skills(kicking, tripping, throwing with foot or leg), throwing skills(throwing or pushing down the opponent when holding with hand or tripping with foot), rolling skill, hypogastric breathing, arresting skill[10]. Meanwhile, preceding researches on whether Hapkido is suitable for security martial art, or which relation it has are being studied in various forms compared to the past.

On the research conducted by Kim Taemin and Park Junghwan(2005), it is divided into attacking skills and defending skills, and Hapkido, consisting of joint skills like folding, throwing, pushing down, and blow skills like kicking, hitting and stabbing, and defense and attack on weapon, is considered as one form of the security martial art, and the training method is suggested. On the research of Hwang Jongdae, Kim Kihong and Kim Donggyu(2009), the research about the bodily, social, and martial meaning of the practice of Korean Hapkido as a security martial art, and about the practical realization based on it preceded. Security martial art consists of various defending skills, protecting the body and life of subject and oneself from the opponent’s attack, so the program for each skill is needed, and by using it, the needed skill for protecting the subject should be done automatically according to the situation[11].

3. Method of Study
This research has suggested the access to the security martial art through training Hapkido skills based on deducted skills following security martial view and security science theory to apply martial skills of Hapkido to security martial art. This research used in-depth interview as qualitative research method. Using Hapkido textbook issued by each institution, domestic doctorate and master’s thesis in security martial art, thesis and book about other martial art used for security, online search and academic journal mainly, the result was deducted by purposive sampling of materials according to the interview aimed at three experts who have careers on security martial art and Hapkido.

Subjects of this research are one major professor at a department of security science in a university related to security, one major professor of Hapkido, and one major professor of security martial art, who have been have their career about security martial art and Hapkido more than a decade. Purposive sampling was done on the three experts, suitable for the interview. The subjects of the research was selected in the place where the researcher can easily research, was selected considering the possibility of approval and permission for the security related experts, and was selected considering accessibility to note the content of the interview.

The selection method used in this research is purposeful sampling, one of the methods of nonprobability sampling which is generally used in qualitative case. This research selected three experts as subject of the research as above, and the personal backgrounds of the subjects are as follow:

<table>
<thead>
<tr>
<th>Division</th>
<th>Gender</th>
<th>Age</th>
<th>Martial art in major</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professor1</td>
<td>Female</td>
<td>41</td>
<td>Judo, Yongmoodo</td>
</tr>
<tr>
<td>Professor2</td>
<td>Male</td>
<td>41</td>
<td>Taekwondo, Judo, Hapkido</td>
</tr>
<tr>
<td>Professor3</td>
<td>Male</td>
<td>36</td>
<td>Hapkido, Judo, Yongmoodo</td>
</tr>
</tbody>
</table>

This research conducted qualitative research method to suggest the approach to the security martial art by training Hapkido skills. This research plan and analysis method can enhance its validity and credibility by literature investigation of preceding research and in-depth interview with probity of the researcher and exclusion of bias, and to identify meaningful information found in collected materials, several researchers and references were used. Multiangle analysis is a process of concluding the result using various raw materials about the same topic, and for the validity of the materials of this research essentially needs multangle approach. Therefore, this research classified materials such as the basic information of the subjects, interview and record, by their topic, and compared them to identify the consistency and enhance the validity. Reviewing the subjects is a process of asking the subjects for reviewing the materials to ensure that there is no problem on accuracy and interpretative difference on the result of classifying and interpreting the raw materials about literature analysis paper, interviewing paper and record paper of the interview.

Selection of expert group is important to verify the effect and feasibility of the research’s testing tool, interviewing paper, so the item selection for the paper was done with the acceptance and agreement of expert’s opinion.

For qualitative research, since the personal contact between researcher and the subject may invade the subject’s privacy, researcher should be careful on some ethical matters. The ethical matter of this research is as follow: The research was progressed, confirming the subject’s approval first. The researchers respected the subjects, and collected materials consulting the schedule and place with the subjects, and tried to protect the subjects’ position and personal information.
To make sure the information of the subjects is not exposed, the alphabetic initials are marked changed randomly, and it is promised that if the subjects ask for withdrawal of the interviewed content, the researcher will immediately withdraw it without any reason.

4. Conclusion

In the study, subjects of a in-depth interview were consisted of Guard major professors, Hapkido major professors and Security Martial Arts major professors who were on university or college of Security related departments and their average age was 40 and their average working experience of the field in Security Martial Arts. A sampling according to a purpose of interview was total 3 persons and interview was once as using open-ended questions system. Its content was dealt with necessity of Hapkido on Security Martial Arts in order to suitability of Security Martial Arts and improving performance. As a type of practice of Security Martial Arts, Hapkido can be paid attention as the most effective knighthood to minimize attacker’s.

This is because Hapkido has various skills such as hand skills(throwing, folding with hand), foot skills(kicking, tripping, throwing with foot or leg), throwing skills(throwing or pushing down the opponent when holding with hand or tripping with foot), rolling skill, hypogastric breathing, arresting skill.

The contents that these the skills of Hapkido is suitable and excellent for Security Martial Arts were appeared through interviews with Guard major professors, Hapkido major professors and Security Martial Arts major professors who were trained Judo, Teakwondo and Yongmudo except for Hapkido and were on university or college of Security related and the point that it was trained by different and complex types and had such skill system has something to do with one that it can applied different offence skills against possible contingencies when doing security missions. That is, the skills of Hapkido have high effectiveness as Security Martial Arts. The necessity of skills of Hapkido on Security Martial Arts should be focused on the ways of meeting problem based in security techniques. In this context, this research suggests skills to stand against and suppress the attacker following the principle and process in accidental situation, and discusses about effectiveness of Hapkido skills. To achieve the purpose, qualitative research method, in-depth interview, was accomplished and the result was deducted.

Table 2. Affiliations and majors of the subjects.

<table>
<thead>
<tr>
<th>Division</th>
<th>Affiliation</th>
<th>Major</th>
</tr>
</thead>
<tbody>
<tr>
<td>Security science major professor(JSS)</td>
<td>Professor of four-year-course University</td>
<td>Security martial art(Judo, Yongmudo)</td>
</tr>
<tr>
<td>Hapkido major professor (LSH)</td>
<td>Professor of four-year-course University</td>
<td>Security science and security martial art (Judo, Taekwondo, Hapkido)</td>
</tr>
<tr>
<td>Security martial art major professor (PJM)</td>
<td>Professor of two-year-course College</td>
<td>Hapkido</td>
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The result of the interview was about validity of Hapkido as a security martial art, and approach to the security art by training Hapkido skills for improving security guard’s task performance ability, and the contents are as follow:

First, with the form of security martial art training, Hapkido can receive attention as most effective martial art to minimize the attacker’s offense.

Second, Hapkido skills are more effective to suppress the attacker than other martial arts, and the need of Hapkido skill in the case of small place in accidental situation, attacker’s possession of weapon, attacker’s personal attack, and group attack was suggested through the interview.
Third, Hapkido skill has its unique characteristic using various skills and tools such as folding, throwing, using umbrella, rope, fan, cane, and so on in arresting the attacker that cannot be seen in other martial arts.

Fourth, it is suggested through the interview that Hapkido skill can effectively suppress the attacker in short time without much power by using attacker’s offense in accidental case.

Fifth, the interview suggested Hapkido’s hypogastric breathing and meditation enhance and stabilize security guard’s unstable mental state effectively, and help to enhance guard’s body and mental. Unlike other martial arts, Hapkido has various motions of skills, and has high accessibility in accidental case.

Unlike the past, academic research on Hapkido has been done in various fields recently, but still, integrated textbooks and books for Hapkido skills should be established.

In the security accidental situation, it is needed for the guard to approach to the situation objectively and with validity, with the actual motion of Hapkido skills. And through training security martial art and martial art itself, as a preparation of security accidental case, a research on the mental side of the guard to overcome to case should be also done. This research only studied about the need of Hapkido skill among security martial arts, but the methods to handle various harmful situations in accidental case should be suggested from now on.

Lastly, each martial art has its own skills to suppress the opponent, and not any particular martial art can be chosen as the best one in suppressing. With general Hapkido, the way to studying the value and applying of Hapkido as a security martial art should be suggested as a basis of other martial arts, so that the independent educational system for security martial art can be established.

5. References

5.1. Journal articles


5.2. Thesis degree


5.3. Books


5.4. Additional references

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