Republic of KOREA Police Arrest and Self-Defense MARTIAL ARTS Principles and System Review

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Abstract

Recently, indiscriminate crime has been committed against many unspecified victims regardless of victims by various violent actors. Even the police officers dispatched to the scene are not able to use weapons as well as weapons. In this social climate, the majority of people aspire to become safe societies, and demand stronger response to offenders. For this purpose, the police are considering active use of police weapons and equipment, while there are also voices of concern about human rights violations caused by frequent use of police weapons and equipment. In order to meet all of these social concerns and expectations, it is necessary to check the use of physical force by proper procedures and the police self-arrest coping coping at every stage and situation. Until now, the police officers on the front line were reluctant to use arresting because of the complaints from the inside and outside of the police organization due to various complaints brought by the arrested persons and the disadvantaged disposition of the personnel due to them, there was a lot of atmosphere. According to the psychological trend of these police officers, the education and practice of police self-arrest has also been turned off by police officers. The report without the killer is only a waste of time, materials and manpower, no matter how much you write. Our police have the ability to arrest the perpetrator so that they have confidence in their jobs. And police arrest martial arts is not merely a technique for arresting criminals. Police Self-arrest martial arts is a way to protect the police officer’s own safety from various violent actors at the crime scene and to protect the arrestees from exposure to the violent environment. Also, when controlling for situation control, And arrest them. As such, police martial arts have a philosophy different from martial arts to suppress and kill opponents widely known in society as a whole. It is not only a technical method for arresting criminals, but a real police martial art who gives priority to the police officers and the security of the arrestees. In order to properly learn and use these police arrest martial arts, the principle and understanding of police self-arrest martial arts should be premised. The purpose of this study is to help the police officers understand and practice the police self-defense and arrest martial arts practically. In this study, the purpose of this study is to analyze the literature on the previous research and the principles and system of police self-defense and arrest martial arts. Posture.

[Keywords] Police Self-Defense, Arrest Martial Arts Principles, Framework, Position, Physical Force

1. Introduction

Recently, strong incidents such as crime are constantly occurring, and the social anxiety felt by many citizens is higher than ever[1]. These social anxieties increase the voices demanding the police’s resolute action against violent crime, and there is also a social consensus that permits the active use of police weapons and equipment to increase police’s ability to cope with crime. It is also an extension of this social atmosphere that many on-site police officers use a tape-type shock absorber to suppress a suspect in a murder case. However, the police officers who still work on the frontline are in a situation where they are oppressed by rioters who engage in drunken
riot and violence. When you fail, you still have a lot of dislike about using additional physical powers for suppression. The reason for this rejection is that the first is the accusation of excessive abuse of power, the responsibility for it, and the compensation for civil damages and punishment. The second is to avoid disadvantages of human rights received by accusing the inside and outside of the police organization for persistent sincere complaints filed by the police after the incident occurred. Third, the inability to use regular arrest training due to the adherence of such passive arresting techniques is not enough to use the arrest warrants in a situation where it is necessary to control and control the criminals. Instead, police accidents are constantly being committed to the spores. This is because they are reluctant to use arrest warrants. The report without the killer is only a waste of time, materials and manpower, no matter how much you write. Our police have the ability to arrest the perpetrator so that they have confidence in their jobs [2]. In this way, the situation control and control ability through police self-arrest will be a very important capability for the police officer to perform the right work. For this purpose, this study aims to present the principle and system of police self-arrest which is used in the situation where the field police officers confront the criminal.

2. Preceding Research

In a previous study on the systematic practical application of police self-defense and arrest warrants, arrest is an absolute necessity for the police to perform their duties faithfully. The police should use the legally authorized necessary force and force to effectively carry out police duties, and in order to protect themselves and their citizens, to stabilize the situation and to maintain a stable situation, Claiming to use [3]. In addition, they also encouraged the revitalization of stagnant martial arts training through martial case studies, group discussions, and participatory training that escaped existing martial training methods [4]. In order to analyze the current state of the police martial education system and to improve the quality of the martial arts teaching staff and to improve the quality of the martial arts teaching staff, Emphasizing the need for the efficient operation of the facility, securing educational facilities, improving the sense of mission and quality of the leader, the need for scientific programs, and the physical and physical characteristics of the new police officer [5]. Thus, in previous researches, which have been dealt with so far, the attention of the command center has been increased, and budget support and expansion of educational facilities have been concentrated [6]. There has been no study of the police self-arrest or arrest warfare, which was very harsh on police officers who practically worked in the field. Part of the theoretical principle and system of police self-defense and arresting used to arrest criminals has been ignored. Therefore, in this study, the most basic principle and system for the police officers to acquire police self-defense or arrest is examined.


In order to understand police self-defense and arrest, we should consider the kind of force. Power has 'visible power' and 'invisible power'. The 'visible force' and 'invisible force' that we are talking about in this study are not supernatural powers coming from imaginary extraterrestrial. It is to distinguish between the human epidemiological viewpoint and the fixed idea that the general person consciously thinks and passes. Usually we are usually conscious of the use of force to describe a series of physical activities that use heavy lifting, that is, sweating using a flexor. This is called 'visible force'. In terms of human body mechanics, the action of stretching the arms or standing legs is actually exercising physical activity using the extensor muscle. Even though we are using the force, we have defined it as 'invisible force' because we think that we do not use force unconsciously. Therefore, in order to master the police self-assault and arrest, it is necessary to understand the concept of "visible force" and "invisible force" and the activities of the body muscles. And the on-site police officers must...
learn to "concentrate their powers" in order to fully utilize police self-defense. There are various methods and techniques of each of the seniors who have practiced martial arts for a long time in the method of 'concentration of power', but in this study, I would like to introduce one way of breathing through this researcher. A lot of people often say difficulty with danson breathing. The short thought about danson breathing that the researcher understands is "concentration of consciousness through abdominal breathing". By practicing 'concentration of power' in this way, you will be able to use it properly in the field. It is also necessary to understand how to deal with force. In general, when physical violence is exercised, the natural phenomenon is normal when the opponent "pushes it, pulls it when pulled". This is also the instinct of the general public who have not mastered other martial arts. When a criminal exerts physical force on a police officer in the field, a police officer who has mastered the police self-defense and arresting movements moves around the body of the police officer himself by using the conversion law (in conversion, out conversion, transverse conversion) It is shedding quickly and getting away from the goal of the criminal. Police Self Defense • The basic principle of arrest warfare is "to push your opponent in the direction that your opponent pushes, pull your opponent in the direction of opponent pushing, and push your opponent in the direction of pulling your opponent if you pull it". In addition, there are other principles such as the principle of torque (beating force around an axis), the principle of levering (knocking the opponent arm with a pole) [7].

Table 1. Police self-defense system.

<table>
<thead>
<tr>
<th>Narrow sense</th>
<th>Police arrest</th>
<th>Basic self-defense, application, arrest, intensified arrest, Three-step rods arrest.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wide sense</td>
<td>Police self-defense</td>
<td>Mental defense technique (forestalling control, Interpersonal relationship...)</td>
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<tr>
<td></td>
<td>Police equipment &amp; weapons use</td>
<td>How to cuff it, shooting, teaser application, the suppression art of fighting with rods and with a shield.</td>
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</tbody>
</table>

Table 2. Basic posture of police self-defense and arrest.

<table>
<thead>
<tr>
<th>Natural posture</th>
<th>Standing naturally with straight legs and waist</th>
</tr>
</thead>
<tbody>
<tr>
<td>Left natural</td>
<td>Left foot forward position</td>
</tr>
<tr>
<td>Right natural</td>
<td>Right foot forward position</td>
</tr>
<tr>
<td>Self-protection posture</td>
<td>A defensive posture with both feet slightly wider than their shoulders and lightly bending their knees.</td>
</tr>
<tr>
<td>Left self-protection</td>
<td>Posture with left foot forward.</td>
</tr>
<tr>
<td>Right self-protection</td>
<td>Posture with right foot forward.</td>
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</tbody>
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If you look at the application of the police self-defense and arrest martial arts through the case of the field, you can listen to the claims of the incident-related stakeholders without any physical force by receiving the 112 report and help request from the public in case of the police box and the police And the complexity of emotions is solved by solving the complaints and complaints solely through the dialogue that counts their feelings. There is no definite terminology for solving the problem based on the soft eyes and long experience of the police officer, an incident mediator. Thus, this study defines the police Mental defense technique. And the fact that a traffic police officer simply wears
a police uniform is a precondition for passing vehicle drivers to move accurately according to the traffic police officer's signal. When a police officer asks police officers to investigate a police officer in a civilian uniform, the officer in charge of the police officer shows the police ID (police officer working at the police station). In addition, this is also included in the scope of the police hijacking by controlling and securing the site with the granted power. In this case, the criminal is escaped by the pursuit of the criminal who is escaping differently, but the physical strength is exhausted, and the police abandon the escape and respond to the arrest. In this case, police officers require excellent physical strength and endurance. This is a category of police self-defense related to fitness training. When a criminal, who is the most dangerous situation on the front line, attacks and resists with a weapon, it is a narrow sense of police arrest that the police officer overrun and arrest the criminal with his or her own acquired skills and methods.

4. Conclusion

The purpose of this study is to help police officers understand and practice police self-defense and arrest. To do this, we examined the literature analysis of the previous research and the principles, system, and attitude of police self-defense and arrest. Most of the local police officers had experience of using surveillance with the complaints of excessive suppression by using arresting equipment using forceps and force used mainly in taekwondo and kendo in using arresting liquor. This experience has resulted in a passive attitude to work in the field police officers. Most of the actions of the police police and arrest operation were mostly defensive, but the police officers were not able to arrest the arrestees by using pre-authorized physical force. As a result, the general public was watching the arrest operation, which was the easiest to use in the field, and there were many complaints and human rights violations. Therefore, the most important thing in establishing police self-arrest and arrest is to protect the safety of the police officer himself and to consider the safety of the person arrested. In this regard, it was concluded that the understanding of police self-assault and arrest operation using the motion of soft motion, induction using the opponent's force and action of aikido is very necessary. In conclusion, police self-defense and arrest warfare are a new martial arts system that is different from Taekwondo, Judo, Kendo, and Hapkido, which have been treated as police martial arts in the existing police. Especially, it can be understood that it is the most difficult and difficult martial field in terms of the control and control of police officers and the persons to be arrested. At present, the time allocated to the police self-arrest training in the Police Department is abolished by the Police Training Institute until 2013, and the assignment of police self-defense and arrest training has been removed from various job courses, it has been changed to physical activity time, so it has only first aid and life sports activities, and there is no police self-defense or arrest training. It is a welcome fact that the placement of life physical education and first aid course has increased, but the abolition of the police self-defense and arresting subjects to arrest the criminal and protect the security of the police officer is very difficult to understand. Again, all the police officers in charge of the police and arresting courses take the place and spend some time each week, and the police officers should regularly conduct training and training on the police self-defense and arrest training and reconsider the police's original attitude. It is expected that the public confidence in police will be further improved by showing that police officers control and control the situation completely in the situation where the police officers face the criminal without being attacked by police officers.

5. References

5.1. Thesis degree

5.2. Book


5.3. Additional references


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